



**Kathy's House**  
A HOSPITAL GUEST HOUSE

## PREPARING MEALS FOR GUESTS



**Our guests often share how much they appreciate having a home-cooked meal. By cooking a meal, you are truly providing a break for families from eating out, going to a vending machine, or just skipping a meal. You will leave knowing you have truly made a difference.**

**Everyone visiting or preparing meals must be healthy in order to protect guests who may be immune compromised. Group size is limited to no more than six individuals.**

### Details

- Dinner is served at 5:00 p.m. Monday through Thursday.
- We encourage you to dine with our guests.
- Please allow time to clean up after cooking.
- We ask volunteers to plan to prepare for 40 people.
- We encourage healthy meals with fresh, organic ingredients whenever possible.
- You may cook onsite using our equipment or cook off-site and bring in your meal.

### What to Bring

- Please bring all of the ingredients to prepare your meal.
- We have a fully equipped kitchen including pots, pans, utensils, plates, cups, serving dishes, ice, coffee, four microwaves, and four ranges. We also have food storage containers.
- Feel free to bring a favorite pot to cook in and take back as soon as you are done.

### Menu Ideas

- Please send your menu to Volunteer Coordinator Marie prior to your meal so we can post it. Your favorite recipes are always well received!
- Labeling dishes is very helpful for guests who may have food allergies or sensitivities. If the meal contains nuts, please note this by the dish.
- Bring a print-out of your recipes - guests often ask for them! We can make copies in the office.

**THANK YOU!**

**Questions? Please contact Marie Grevsmuehl, Director of Volunteer Services at (414) 453-8290 or [marieg@kathys-house.org](mailto:marieg@kathys-house.org)**