



Preparing “Meals to Go” for Guests at Kathy’s House

Thank you for considering making “meals to go” for guests at Kathy’s House! Our guest often share with us how much they appreciate not having to cook. By cooking a “meal to go” you are providing a break for our families from eating out, going to a vending machine, or just skipping a meal.

General Guidelines

- Please remember that everyone making the meals must be healthy.

Details

- You can make “breakfast to go” or “lunch/dinner to go” meals.
- You may cook on-site and use our equipment or cook off-site or bring in your meal. Because we do not have a full-time cleaning staff, please allow time for clean up after cooking.
- We ask that you prepare 40 meals to go for guests.

What to Bring

- Please bring all the ingredients to prepare your meal.
- We will provide freezer containers.
- We have a fully equipped kitchen including pots, pans, utensils, plates, cups, serving dishes, ice, coffee, three microwaves and three stoves/ovens.

Menu ideas

- Our guests are so grateful for any meals that are cooked for them. Guests often ask for recipes!
- Label each “meal to go” with the meal name and date.
- If the meal contains nuts, please note this on the label.
- Recipes provided on request.

Dinners:

Chicken and Broccoli Stir Fry
Turkey Taco Bowl
Lasagna Roll Ups
Your Favorite Meatloaf/Sweet Potatoes/Green Beans
Sweet Potato Beef Stew

Breakfast:

Breakfast Burritos
Croissant Breakfast Sandwich
Country Scramble Breakfast Bowls
Egg and Sausage Breakfast Taquito

Your favorite recipes are always well received! Pinterest is a great resource for recipes!

**Questions? Please contact Marie Grevsmuehl, Volunteer Coordinator at 414-453-8290,
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